

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2019



3

MARCH BIRTHDAYS

John Legere- 23rd
Julie Roach- 27th

4

9:30 Happy Hydration
10:30 Exercise
2:00 Bingo
2:30 Snack Cart

5

9:30 Happy Hydration
10:30 Chair Zumba
2:00 45's and Crib
2:30 Snack Cart

6

9:30 Happy Hydration
10:30 Exercise
2:00 Manicure's
2:30 Snack Cart

7

9:30 Happy Hydration
10:30 Exercise
2:00 Bingo
2:30 Snack Cart

8

9:30 Happy Hydration
10:15 Communion
10:30 Veggie Peeling
2:00 Movie Afternoon
2:30 Snack Cart

9

2:00 Bingo
2:30 Snack Cart

Move your clocks
ahead 1 hour tonight
before going to bed !!

10



11

9:30 Happy Hydration
10:30 Exercise
2:00 Oxford Choir
2:30 Snack Cart

12

9:30 Happy Hydration
10:30 Exercise
2:00 Bingo
2:30 Snack Cart

13

9:30 Happy Hydration
10:30 Music with Bill
2:00 Music with Barb
& Jamie
2:30 Snack Cart

14

9:30 Happy Hydration
10:30 Exercise
2:00 Bingo
2:30 Snack Cart

15

9:30 Happy Hydration
10:15 Communion
10:30 Veggie Peeling
2:00 St.Pattys Day
Party

16



17

HAPPY ST.PATRICK'S DAY

18

9:30 Happy Hydration
10:30 Exercise
2:00 Bingo
2:30 Snack Cart

19

9:30 Happy Hydration
10:30 Exercise
2:00 Cooking Corner
2:30 Snack Cart

20 SPRING IS HERE !!

9:30 Happy Hydration
11:00 Church
2:00 Resident Council
2:30 Snack Cart

21

9:30 Happy Hydration
10:30 Exercise
2:00 Music with Peter
2:30 Snack Cart

22

9:30 Happy Hydration
10:15 Communion
10:30Veggie Peeling
2:00 Bingo
2:30 Snack Cart

23



24



25

9:30 Happy Hydration
10:30 Exercise
2:00Trip to YMCA
2:30 Snack Cart

26

9:30 Happy Hydration
10:30 Chair Zumba
2:00 Music with Steve
2:30 Snack Cart

27

9:30 Happy Hydration
10:30 Exercise
2:00Trip to Bridge
Workshop
2:30 Snack Cart

28

9:30 Happy Hydration
10:30 Exercise
2:00 Foot Spa's
2:30 Snack Cart

29

9:30 Happy Hydration
10:15 Communion
10:30 Veggie Peeling
2:00 Bingo

30



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